



# Year 1 PE: Dance (Kings and Queens)

## Prior Learning

### Children can...

- Move energetically using their strength, balance and coordination to perform skills such as running, jumping hopping, skipping, dancing and climbing.
- Negotiate space and obstacles safely.
- Copy and combine movements, changing the speed and style of chosen actions.



## Vocabulary

- Medieval, chain (ring dancing), estampie (line dancing), perform, movement, sequence, patterns, bow, sideways, forwards, backwards, turn, heel-toe

## Sticky Knowledge

Many modern dances have been adapted from dances in the medieval times. Dances were performed in lines and circles like the maypole.



Circle dances have been passed through generations and are still performed today. Can you remember any of these dances...  
Hokey Cokey, Ring a ring a roses, Mulberry Bush, Skip to My Lou, or London Bridge.

Bowing is often used at the start and end of a dance and is a polite gesture. It is often used in the presence of royalty.

