

Year 6 PSHE: Changing me

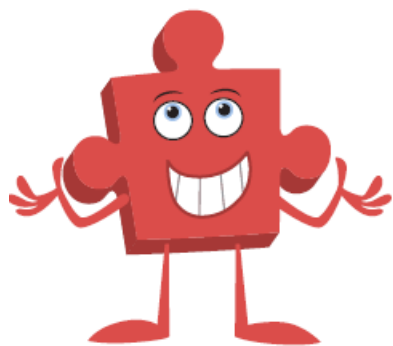
Prior Learning

Know what perception means and that perceptions can be right or wrong

- Know how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally
- Know that sexual intercourse can lead to conception
- Know that some people need help to conceive and might use IVF
- Know that becoming a teenager involves various changes and also brings growing responsibility



Body image



Vocabulary

Body-image*, Characteristics*, Perception, Self-esteem*, negative body-talk, mental health, Uterus, Womb*, Cervix*, Puberty*, Breasts*, Vagina*, Penis*, Testicles*, Adam's Apple*, Genitals, Sperm*, Erection, Urethra, Wet dream, Growth spurt, Larynx, Facial hair, Pubic hair, Hormones, Testosterone*, Ovaries, Egg (Ovum), Period, Fertilised, Unfertilised, Conception, Sexual Intercourse*, Embryo, Umbilical cord, Pregnancy, midwife, labour, Menstruation, Sanitary products, Hygiene*, Age appropriateness, Legal, Laws, Teenager, Responsibilities, Rights, freedoms, responsibilities, attraction, relationship, love, transition, secondary, looking forward

Sticky Knowledge

- Know how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally
- Know how a baby develops from conception through the nine months of pregnancy and how it is born
- Know how being physically attracted to someone changes the nature of the relationship
- Know the importance of self-esteem and what they can do to develop it
- Know what they are looking forward to and what they are worried about when thinking about transition to secondary school / moving to their next class