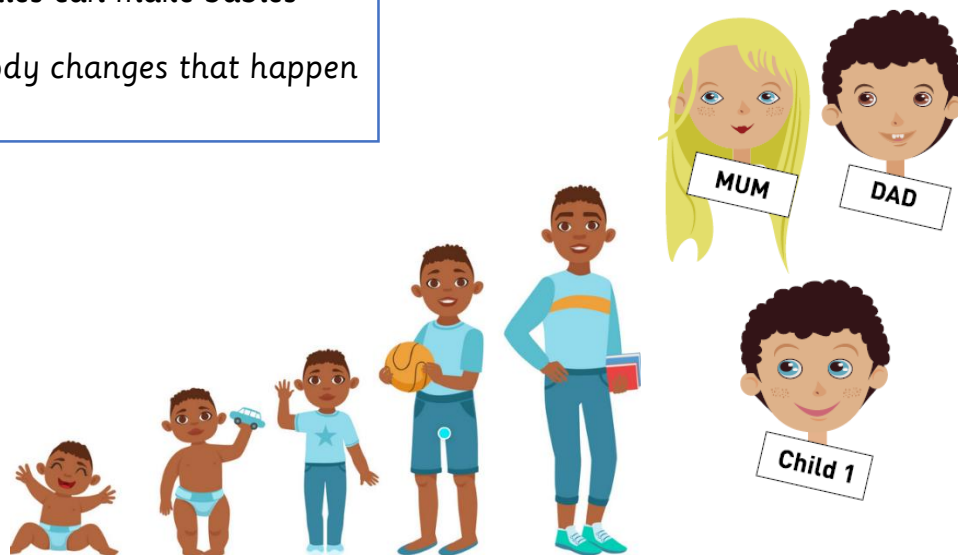


Year 4 PSHE: Changing me

Prior Learning

- Know that in animals and humans lots of changes happen between conception and growing up
- Know that in nature it is usually the female that carries the baby
- Know that in humans a mother carries the baby in her uterus (womb) and this is where it develops
- Know that babies need love and care from their parents/carers
- Know some of the changes that happen between being a baby and a child
- Know that the male and female body needs to change at puberty so their bodies can make babies when they are adults
- Know some of the outside body changes that happen during puberty



Vocabulary

Personal, Unique, Characteristics, *Parents, Sperm, Egg / ovum, *Penis, *Testicles, *Vagina, Womb / *uterus, Ovaries, Sexual intercourse, Fertilise, Conception, Puberty, Menstruation, Periods, Seasons, *Change, Control, Emotions, Acceptance, Looking forward, Excited, Nervous, Anxious, Happy

Sticky Knowledge

- Know that personal characteristics are inherited from birth parents and this is brought about by an ovum joining with a sperm
- Know that babies are made by a sperm joining with an ovum
- Know the names of the different internal and external body parts that are needed to make a baby
- Know how the female and male body change at puberty
- Know that personal hygiene is important during puberty and as an adult
- Know that change is a normal part of life and that some cannot be controlled and have to be accepted
- Know that change can bring about a range of different emotions