



Year 3 PSHE: Dreams and Goals

Prior Learning

- Know how to choose a realistic goal and think about how to achieve it
- Know that it is important to persevere
- Know how to recognise what working together well looks like
- Know what good group working looks like
- Know how to share success with other people



Vocabulary

Perseverance*, Challenges*, Success*, Obstacles*, Dreams*, Goals*, Ambitions, Future, Aspirations, Garden, Decorate, Team work, Enterprise, Design, Cooperation*, Product, Strengths*, Motivated, Enthusiastic, Excited, Efficient, Responsible, Frustration, 'Solve It Together' Technique, Solutions*, Review, Learning, Celebrate, Evaluate

'Solve it together' Technique

Step 1 - 'Solve it together' code

- Each person needs to agree to
- Respect each other
 - Take turns to speak
 - Be honest
 - Involve an adult if it is serious
 - Want to solve the problem



Step 2 - Hearing both sides of the problem

Each person has the chance to say what he/she thinks happened.



Step 3 - Sharing feelings

Each person has the chance to say how he/she feels about the situation.
Then each person has a chance to say how he/she thinks the other person might be feeling.



Step 4 - Finding solutions

The people think of what they can do to solve the situation or to make the situation better for them both.



Step 5 - The agreement

They choose a solution and shake hands.



Sticky Knowledge

- Know about specific people who have overcome difficult challenges to achieve success
- Know what dreams and ambitions are important to them
- Know how they can best overcome learning challenges
- Know that they are responsible for their own learning
- Know what their own strengths are as a learner
- Know what an obstacle is and how they can hinder achievement
- Know how to take steps to overcome obstacles
- Know how to evaluate their own learning progress and identify how it can be better next time