

## Prior Learning

- I can identify and name some common animals including fish, amphibians, reptiles, birds and mammals.
- I can say some common animals that are carnivores, herbivores and omnivores.
- I can say what parts of my body are used for each sense.
- I can identify, name, draw and label the basic parts of the human body.

## Sticky Knowledge

- I can notice that animals, including humans, have offspring which grow into adults.
- I can name and describe the basic needs of animals, including humans, for survival (water, food and air).
- I can talk about the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

## Vocabulary

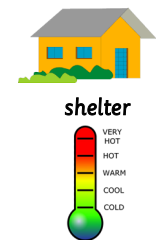
<b>Adult</b>	A fully grown animal or plant
<b>Animals</b>	Living things that can move and think for themselves.
<b>Develop</b>	To grow and become bigger and stronger. To change.
<b>Diet</b>	The food and water that an animal needs. What an animal eats. A <b>balanced diet</b> is a when an animal eats the right types of food in the right amount.
<b>Disease</b>	Illness or sickness.
<b>Exercise</b>	A physical activity to keep your body fit and active.
<b>Germ</b>	Tiny living things that can cause illness or disease.
<b>Hygiene</b>	How we keep ourselves and the world around us healthy and clean so we can stay healthy and stop germs spreading.
<b>Life Cycle</b>	The changes living things go through to grow and become an adult.
<b>Nutrition</b>	Food or nourishment that help us to be healthy.
<b>Offspring</b>	The child of an animal.
<b>Pulse</b>	The beating of the heart that you can feel in your neck and wrist.
<b>Young</b>	Offspring that has not yet become an adult.
<b>Live Young</b>	Offspring that has not hatched from an egg.

## Basic Needs of Animals

To stay alive, all animals have three basic needs for survival. These are:



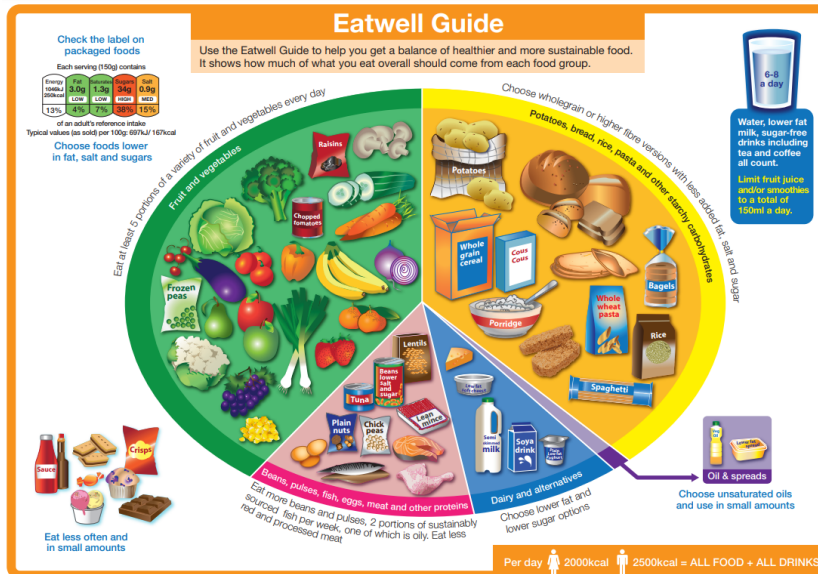
These two are also very important to help animals to survive.



the right temperature

## Staying Healthy

To grow into a healthy adult, you must eat a **balanced diet** and **exercise**.



Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland

© Crown copyright 2016

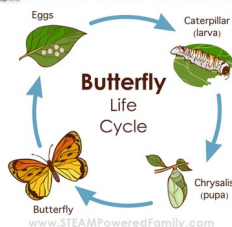
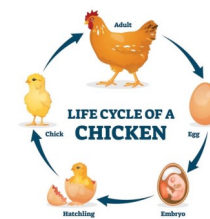
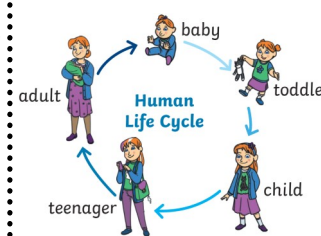


Being active and **exercising** keeps our bodies and minds healthy



To stop germs from spreading, it is important to be **hygienic**.

## Life Cycles



www.STEAMPoweredFamily.com