



Year 1 PSHE: Relationships

Prior Learning

- Know what a family is
- Know that different people in a family have different responsibilities (jobs)
- Know some of the characteristics of healthy and safe friendship
- Know that friends sometimes fall out
- Know some ways to mend a friendship
- Know that unkind words can never be taken back and they can hurt
- Know how to use Jigsaw's Calm Me to help when feeling angry
- Know some reasons why others get angry



Vocabulary

Family, Belong, Same, Different, Friendship, Qualities, Caring, Sharing, Kind, Touch, Feel, Like, Dislike, Helpful, Community, Feelings, Praise, Skills, Self-belief, Proud, Celebrate, Relationships, Special, Appreciate

Sticky Knowledge

- Know that everyone's family is different
- Know that there are lots of different types of families
- Know that families are founded on belonging, love and care
- Know how to make a friend
- Know the characteristics of healthy and safe friends
- Know that physical contact can be used as a greeting
- Know about the different people in the school community and how they help
- Know who to ask for help in the school community

