



UKS2: Invasion games – Netball

Prior Learning

Children are beginning to...

- Use running, jumping throwing and catching in isolation and combination.
- Play competitive games applying basic principles for attacking and defending.
- Compare performances with previous ones and demonstrate improvement to achieve personal best.

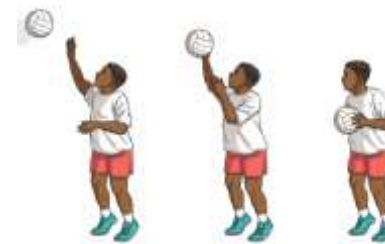


Vocabulary

- Speed, direction, technique, chest pass, bounce pass, overhead pass, shoulder pass, pivot, footwork, defender, attacker, possession, landing, mark, shoot, dodging, scoring, position, defensive stance, teamwork,

A netball can be caught in many different ways and it helps to perfect these techniques for when you are catching on the move.

Sticky Knowledge



One handed catching helps when the ball is passed to the side or overhead.

- Stay on your toes to move direction more quickly.
- Have an open palm and outstretched fingers to receive the ball.
- Secure the ball with your other hand as soon as possible.
- Bring the ball down to your chest.

Footwork: Players who land on one foot or have one foot on the ground when they catch the ball may use their other foot to step in any direction.

The foot that was on the ground first should not move but it can be rotated on to allow you to pivot.



The footwork rule is broken and the other team will be given a free pass if a player:
moves their landing foot; hops on their landing foot; drags their landing foot.