

UKS2: Invasion games – Hockey

Prior Learning

Children have...

- Used running, jumping, throwing and catching in isolation and combination.
- Played competitive games applying basic principles for attacking and defending.
- Compared performances with previous ones and demonstrated improvement to achieve personal best.



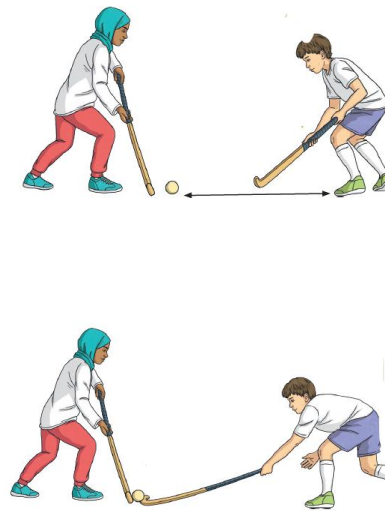
Vocabulary

- Hockey, stick, ball, push pass, swing, receive, travel, intercept, tackle, possession, dribble, shoot, attack, defend, teamwork, control, accuracy, goal, target, space, sweep pass, flick, communication, mark, opposition, hand-eye coordination, direct, strike, tactics

Sticky Knowledge



Push pass – Stand sideways on, ball in line with back foot. Transfer your weight from back foot to front foot, **pushing** the hockey stick forward as you do. Follow your hockey stick through your pass.



Jab tackle - On the jab action, remove your right hand to increase your reach and hold the stick firm with your left. Extend the stick towards the ball quickly with a jab-like motion.

Flicks can be used to shoot penalties in hockey. They are also used in game play as long as it is not deemed as dangerous. To **flick**, the stick needs to **strike** the ball facing slightly upward and body leaning back.



Sweep pass - Hold your stick almost flat to the floor. Pull back and swing forward striking the hockey ball with the stick. This technique can be used for long **passes** or **shooting**.