

LKS2: Invasion games – Netball

Prior Learning

Children are beginning to...

- Use running, jumping throwing and catching in isolation and combination.
- Recognise and apply basic attacking and defending skills in a game situation.
- Evaluate and compare performances with previous ones and demonstrate improvement to achieve personal best.

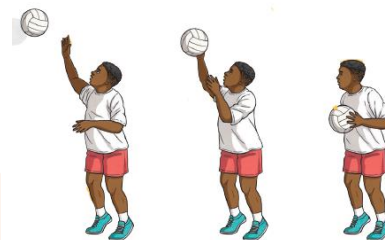


Vocabulary

- Speed, direction, technique, chest pass, bounce pass, overhead pass, shoulder pass, pivot, footwork, defender, attacker, landing, mark, shoot, dodging, scoring, position, teamwork

A netball can be caught in many different ways.

Sticky Knowledge



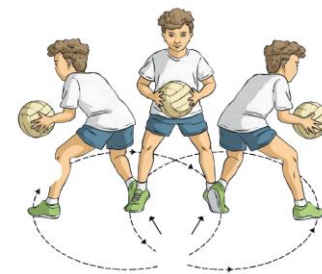
One handed catching helps when the ball is passed to the side or overhead.

You can pivot by rotating yourself on the ball of your landing foot.



- Stay on your toes to move direction more quickly.
- Have an open palm and outstretched fingers to receive the ball.
- Secure the ball with your other hand as soon as possible.
- Bring the ball down to your chest.

The foot that was on the ground first should not move, but you can pivot on this foot.



Players who land on one foot or have one foot on the ground when they catch the ball may use their other foot to step in any direction.