



LKS2: Invasion games – Hockey

Prior Learning

Children have...

- Mastered basic fundamental movements using their agility, balance and co-ordination to perform skills such as running, jumping, throwing and catching.
- Applied fundamental movements in a range of activities.
- Participated in team games, developing simple tactics for attacking and defending.



Vocabulary

- Hockey, stick, ball, push pass, swing, receive, travel, intercept, tackle, possession, dribble, shoot, attack, defend, teamwork, control, accuracy, goal, target, space, communication, mark, opposition.

Sticky Knowledge

Team GB women made history at the Tokyo 2020 Olympics after receiving a bronze medal. They have now received three consecutive medals at three consecutive Olympic Games. (London 2012 – bronze, Rio 2016 – gold, Tokyo 2020 – bronze.)



Dribble– Keep the **ball** and **stick** in front of you, knees bent. Keep the **ball** as close to your **stick** as possible as you move. This makes it harder for the **opposition** to **tackle** or **intercept**.



Push pass – Stand sideways on, ball in line with back foot. Transfer your weight from back foot to front foot, **pushing** the hockey stick forward as you do. Follow your hockey stick through your **pass**.



Shoot– Point your shoulder and foot towards **target**, **swing** your stick back. As you step forward, **swing** your stick forward to hit the **ball**. **Make sure** there is no one around you before you **shoot**!

