



Year 3 PE: Dance (Bhangra)

Prior Learning

Children have...

- Developed the coordination, agility and balance through a range of activities with themselves and others.
- Performed dances using simple movement patterns.
- Performed a dance linking to London (Yr 2).



Vocabulary

Balance, Bhangra, Beats, Canon, Character, Communicate, Choreograph, Diwali, Energetic, Formation, India, Jump, Mirror, Music, Performance, Pattern, Repeat, Rhythm, Sequence, Teamwork, Twist, Turn, Unison.

Sticky Knowledge

Bhangra is a **traditional type of folk dance**. It originated in the early 1900s as an energetic folk dance celebrated by farmers during the time of the harvest.



Unison is when two or more dancers perform the same dance movement at the same time.

Canon is a technique used when two or more dancers perform the same dance movement at different times.

Bhangra today, has made its way to the London Olympics, Birmingham Commonwealth Games and even The White House.

