



KS1: Volleyball

Prior Learning

Children are beginning to...

- Developed their overall strength, balance, coordination and agility.
- Developed their throwing and catching skills and applied these to a variety of different games.
- Participated in some competitive games, including with themselves or as part of a team.



Vocabulary

- Space, hit, strike, bump, receive, court, net, push

Sticky Knowledge

You can move forwards, backwards, sideways and diagonally in volleyball.



SERVE - To start a volleyball game, you have to serve by hitting the ball underneath and up over the net.

DIG SHOT – This shot helps you to push the ball over the net using your forearms

SET SHOT – This shot helps you to set up a team mate, by pushing the ball up in the air using the palms of your hands.

