



PSHE including Relationships and Health Education

Intent, Implementation, Impact Statement

Key Points

At Griffe Field Primary School, it is our intent that all children ,including disadvantaged and those with SEND, will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We offer a nurturing learning environment in which each child is encouraged to develop their full potential and where their achievements and successes are celebrated and rewarded. As a school, we believe that children are all individuals and therefore, we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere. The teaching and learning of PSHE using the Jigsaw programme supports this. Through using Jigsaw our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. It develops the qualities and attributes children need to thrive as individuals, family members and members of society and the global community.

The aims of PSHE and Jigsaw within Griffe Field are to provide children with:

- accurate and relevant knowledge
- opportunities to create personal understanding
- opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life

Jigsaw deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Children at Griffe Field also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect other, appreciate differences and feel confident and informed as a British citizen.

Whole-school approach

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education. The table below gives the learning theme of each of the six Puzzles (units) and these are taught across the school; the learning deepens and broadens every year.

Term	Puzzle (Unit)	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

At Griffe Field Primary School we allocate 1 lesson (approx. 45mins to 1 hour) to PSHE each week in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way. The lessons are taught by the class teacher or another substantive member of staff.

These explicit lessons are reinforced and enhanced in many ways:

Assemblies and collective worship, praise and reward system, Learning Charter, through relationships child to child, adult to child and adult to adult across the school. We aim to 'live' what is learnt and apply it to everyday situations in the school community.

Children with additional needs are supported during PSHE in a range of ways including adult/small group support, scaffolding of tasks and tailored learning experiences. Children also benefit from sessions with our learning mentor and by attending our Rainbow club during lunchtimes with a focus on fostering positive social interaction and relationships.

Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world. As a result of our high expectations and robust PSHE scheme children have a good understanding of protected characteristics and display their understanding as part of the respect, tolerance and interest they display to children and adults; celebrating the uniqueness and individuality of each member of our community.

This also supports the "Personal Development" and "Behaviour and Attitude" aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our children.

We can see the impact of the programme through the behaviours and attitudes of the pupils within school and their relationships with each other. Our PSHE scheme contributes to the overall ethos and behaviour expectations within school. Instances of negative behaviour are recorded and monitored half termly, this monitoring reflects that instances of poor behaviour are unusual within our school.

Children at Griffe Field Primary school feel safe and happy, they know which trusted adults they can speak to if they are feeling upset or worried, they understand how to keep themselves safe and they build excellent relationships with other children and adults. We know this because they tell us themselves as part of our regular PSHE monitoring and school council meetings.