

## If you are bullied:

### DO:

- Ask them to STOP if you can.
- Use eye contact to tell them to go away.
- Try to ignore them.
- Just walk away.
- Use the class Bubble Book.
- Tell someone.

### DON'T:

- Do what they say.
- Get angry or give a reaction.
- Don't think it is your fault.
- Keep it to yourself.

If you see someone being bullied you must tell an adult straight away.

## Our School Agreement

1. We are caring towards people and things.
2. We are polite and friendly in what we do and say.
3. We work hard.
4. We keep ourselves safe and don't do anything that might hurt anyone else.
5. We do as we are asked by adults in school straight away.

Our Head Teacher, Governors and staff work together to:

- Make sure our school is a place where everyone can feel safe and happy.
- Help everyone get along with each other and be who they are.

# Griffe Field Primary School



## Child Friendly Anti-Bullying Policy

## What is bullying?

A bully is someone who hurts someone else continually by using behaviour which is meant to hurt, frighten or upset another person.

### Bullying is NOT...

- Accidents
- Fighting
- Falling out with friends
- Only once

### Bullying can be

**Verbal:** Name calling

**Emotional:** Hurting people's feelings

**Racist:** Calling you names because of your skin colour.

**Physical:** Pushing and kicking.

**Cyber:** Saying unkind things on social media.

## When is it bullying?

Several

Times

On

Purpose

We promise to always treat bullying seriously.

### What will happen to a bully?

Everyone is expected to follow our school agreement. If this is broken then some of the following will happen: warning marks will be given, time-ins, a letter to parents and Mrs Mitchell told.

## Who can I tell?

- A friend
- Parents/Carers
- Teachers
- Midday Supervisors
- Any other adult

MOST IMPORTANTLY

If you are being bullied:

Start Telling  
Other People